
CURRENT POSITION AND CONTACT INFORMATION

Aug '05 – Present: Assistant Professor, Dept. of Psychology, Simon Fraser University
Address: RCB 5246, 8888 University Drive, Burnaby, BC, Canada V5A 1S6
Phone: 778-782-6932
Fax: 778-782-3427
Email: alchapma@sfu.ca

EDUCATION AND PREVIOUS POSITIONS

Aug '03 – Jun '05 Postdoctoral Fellow, Dept. of Psychology, Univ. of Washington (Dr. Marsha M. Linehan)
Aug '03 Doctor of Philosophy (Ph.D.) (clinical psych), Idaho State Univ. (APA Accredited).
Jul '02 – Jul '03 Clinical Psychology Internship, Duke Univ. Medical Center (APA Accredited), Dept. of Psychiatry & Behavioral Sciences.
May '00 Master of Science (MS) (clinical psych), Idaho State Univ. (APA Accredited)
May '96 Bachelor of Arts (psychology), Univ. of British Columbia

RESEARCH

AREAS OF INTEREST & EXPERTISE

Borderline personality disorder (BPD), emotion regulation, suicide, deliberate self-harm, Dialectical Behavior Therapy (DBT), mindfulness and acceptance in behavior therapy, mechanisms of change in therapy for BPD, personality and impulsivity/disinhibition

CURRENT RESEARCH FUNDING

May '08 – May '11 **Principal Investigator** (\$148,824 direct): SSHRC Standard Research Grant. Borderline personality disorder and emotion regulation in daily life. (Co-I: Dr. M. Z. Rosenthal, Duke University Medical Centre, Durham, NC, U.S.).

Sept '07 – Sept '09 **Principal Investigator** (\$40,000 direct): SSHRC Research Development Initiatives. *Developing measures of interpersonal emotional sensitivity in borderline personality disorder*. (Co-I: Dr. Thomas R. Lynch, University of Exeter, U.K.).

Jul '07 – Oct '09 **Principal Investigator** (\$10,000 direct): Discovery Parks SFU/SSHRC Research Grants. *Impulsivity and Emotions among Persons with Borderline Personality Features*.

Feb '07 – Mar '09 Social Sciences and Humanities Research Counsel (SSHRC), Small Research Grant. \$15,000 (direct). (PI: Dr. Kevin S. Douglas, Simon Fraser University)*.
 * I am *unofficially* a **Co-I** on this grant, because I currently hold a small SSHRC grant and am not permitted to be an investigator on another one.

Aug '05 – Pres **Principal Investigator** (\$52,830): Faculty Start-up Grant. Simon Fraser

University Arts & Social Sciences Dean's Office & VP Academic. For establishing a lab to study BPD, emotion regulation, and treatment.

STUDENT TRAINING GRANTS & SCHOLARSHIPS

- May '08 – May '10** **Primary Research Supervisor:** Michael Smith Foundation for Health Research, Junior Graduate Scholarship. \$45,000 (direct), awarded to Ms. Kristy Walters.
- May '08 – May '10** **Primary Research Supervisor:** Michael Smith Foundation for Health Research, Junior Graduate Scholarship. \$45,000 (direct), awarded to Ms. Nathalie Lovasz.
- Sept '07 – Aug '08** **Primary Research Supervisor:** Social Sciences and Humanities Research Counsel (SSHRC), Canada Graduate Scholarship. \$17,500 (direct), awarded to Ms. Kristy Walters.

PREVIOUS/COMPLETED RESEARCH FUNDING

- Dec '05 – Dec '07** **Principal Investigator** (\$4,500 direct): Social Sciences and Humanities Research Counsel (SSHRC), Small Research Grant. *Impulsivity and emotion regulation in borderline personality disorder*.
- Oct' 05 – Oct '07** **Principal Investigator** (\$10,000 direct): Simon Fraser Univ., President's Research Grant. *Emotion suppression and impulsivity in borderline personality disorder*.
- Nov '06** **Principal Investigator** (\$600): SSHRC Support Travel Grant. (for conference travel and airfare).
- Jan '99 – Jan '00** **Co-PI** (US\$653): ISU Office of Research # S2000-06. *Psychopathy and passive avoidance learning in female inmates* (PIs: A. L. Chapman & T. Gremore).

REFEREED ARTICLES & BOOK CHAPTERS

- 1) **Chapman, A.L.**, Walters, K.N., & Dixon-Gordon, K.L. (in press). Experiential avoidance and borderline personality disorder. *Journal of Rational Emotive and Cognitive Behavioral Therapy*.
- 2) Smoski, M.J., Lynch, T.R., Rosenthal, M.Z., Cheavens, J.S., **Chapman, A.**, & Krishnan, R.R. (in press). Decision-making and risk aversion among depressive adults. *Journal of Behavior Therapy and Experimental Psychiatry*.
- 3) Bohus M., Wolf, M., Stieglitz, R.D., Limberger, M.F., Domsalla, M., **Chapman, A.L.**, Steil, R., Philipsen, A., & Kleindienst, N. (in press). The short-version of the Borderline Symptom List (BSL-23): Development and initial data on psychometric properties. *Psychopathology*.
- 4) **Chapman, A.L.**, Leung, D., & Walters, K.N. (in press). Psychological theories of self-injurious behaviour. In C. Schmahl (Ed.), *Self-injurious behaviour in stress-associated disorders*.
- 5) **Chapman, A.L.** (in press). Borderline personality disorder. In J.S. Abramowitz, D. McKay, & S. Taylor (Eds.), *The expanded scope of cognitive-behavior therapy: Lessons learned from refractory cases*. Washington, DC: American Psychological Association.
- 6) **Chapman, A.L.**, & Brown, M.Z. (in press) Cognitive behavioural theory of suicidal behavior. In A. Shrivastava (Ed.), *Handbook of suicidal behaviour*. London, England: Gaskell.
- 7) **Chapman, A.L.** (in press). *Self-injurious behavior*. In G. Reyes, J. Elhai, & J. Ford, *Encyclopaedia of Psychological Trauma*. John Wiley & Sons.

- 8) Ekblad, A., **Chapman, A.L.**, & Lynch, T.R. (in press). Borderline personality disorder and co-occurring substance use disorders: Conceptualization & treatment. In E. Nunes, J. Selzer, P. Levounis. (Eds.), *Substance dependence and co-occurring psychiatric disorders: Best practices for diagnosis and treatment*.
- 9) **Chapman, A.L.**, Leung, D.W., & Lynch, T.R. (2008). Impulsivity and emotion dysregulation in borderline personality disorder. *Journal of Personality Disorders*, 22, 148-164.
- 10) Kleindienst, N., Bohus, M., Ludaescher, P., Limberger, M.F., Kuenkele, K., **Chapman, A.L.**, Reicherzer, M., Stieglitz, R.D., & Schmah, C. (2008). Motives for non-suicidal self-injury among women with borderline personality disorder. *Journal of Nervous and Mental Disease*, 196, 230-236.
- 11) **Chapman, A.L.**, & Dixon-Gordon, K.L. (2007). Emotional antecedents and consequences of deliberate self-harm and suicide attempts. *Suicide & Life Threatening Behavior*, 37, 543-552.
- 12) **Chapman, A.L.**, Lynch, T.R., Rosenthal, M.Z., Cheavens, J.S., Smoski, M., & Krishnan, R. (2007). Risk aversion among depressed older adults with obsessive-compulsive personality disorder. *Cognitive Therapy & Research*, 31, 161-174.
- 13) **Chapman, A.L.**, & Cellucci, A.J. (2007). The role of borderline and antisocial features in substance dependence among incarcerated females. *Addictive Behaviors*, 32, 1131-1145.
- 14) **Chapman, A.L.** (2007). Review of Walsh's *Treating self-injury: A practical guide*. *Journal of Behavior Therapy and Experimental Psychiatry*, 38, 86-88.
- 15) Gratz, K.L., & **Chapman, A.L.** (2007). The role of emotional responding and childhood maltreatment in the development and maintenance of deliberate self-harm among male undergraduates. *Psychology of Men and Masculinity*, 8, 1-14.
- 16) Brown, M.Z., & **Chapman, A.L.** (2007). *Stopping self-harm once and for all: Relapse prevention in Dialectical Behavior Therapy* (pp. 191-213). In G. A. Marlatt & K. Witkiewitz (Eds.), *Therapist's Guide to Evidence-Based Relapse Prevention*. Elsevier.
- 17) Bohus, M., Limberger, M.F., Frank, U., **Chapman, A.L.**, Kühler, T., & Stieglitz, R.D. (2007). Psychometric properties of the Borderline Symptom List (BSL). *Psychopathology*, 40, 126-132.
- 18) **Chapman, A.L.** (2006). Acceptance and mindfulness in behavior therapy: A comparison of Dialectical Behavior Therapy and Acceptance and Commitment Therapy. *International Journal of Behavioral Consultation and Therapy*, 2, 308-313.
- 19) **Chapman, A.L.** (2006). Dialectical behavior therapy: Current indications and unique elements. *Psychiatry* 2006, 3, 62-68.
- 20) **Chapman, A.L.**, Gratz, K.L., & Brown, M.Z. (2006). Solving the puzzle of deliberate self-harm: The experiential avoidance model. *Behaviour Research & Therapy*, 44, 371-394.
- 21) Lynch, T. R., **Chapman, A.L.**, Rosenthal, M.Z., Kuo, J.K., & Linehan, M.M. (2006). Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62, 459-480.
- 22) Koons, C., **Chapman, A.L.**, Betts, B., O'Rourke, B., & Robins, C.J. (2006). Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults. *Cognitive and Behavioral Practice*, 13, 146-156.
- 23) Lindenboim, N., **Chapman, A.L.**, & Linehan, M.M. (2006). Homework use in dialectical behavior therapy for borderline personality disorder. In N. Kazantzis & L. L'Abate (Eds.), *Handbook of homework assignments in psychotherapy: Research, practice, and prevention* (pp. 227-245). New York: Springer.
- 24) **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2005). Factors associated with suicide attempts in female inmates: The hegemony of hopelessness. *Suicide and Life Threatening Behavior*, 35, 558-

569.

- 25) **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2005). Borderline personality disorder and deliberate self-harm: Does experiential avoidance play a role? *Suicide and Life Threatening Behavior*, 35, 388-399.
- 26) **Chapman, A.L.**, & Linehan, M.M. (2005). Dialectical behavior therapy for borderline personality disorder. In M. Zanarini (Ed.), *Borderline Personality Disorder* (pp. 211-242). Florida: Taylor & Francis.
- 27) Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2005). Passive avoidance learning among female inmates as a function of behavioral inhibition and activation. *Personality and Individual Differences*, 39, 925-936.
- 28) Robins, C.J., & **Chapman, A.L.** (2004). Dialectical behavior therapy: Current status, recent developments, and future directions. *Journal of Personality Disorders*, 18, 73-79.
- 29) **Chapman, A.L.**, Mayer, J., Specht, M., Farmer, R.F., & Field, C.E. (2003). Passive avoidance learning as a function of Cloninger's temperament typology: An extension to male undergraduates. *Personality and Individual Differences*, 35, 1571-1584.
- 30) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2003). Psychometric evaluation of the psychopathic personality inventory (PPI) in female inmates. *Journal of Personality Assessment*, 80, 165-173.
- 31) **Chapman, A.L.**, & Compton, J.S. (2003). From behavioral couples' therapy to integrative behavioral couples' therapy: New research directions. *The Behavior Analyst Today*, 4, 17-25.
- 32) Farmer, R.F., Field, C., Gremore, T.M., **Chapman, A.L.**, Nash, H., & Mayer, J. (2003). Passive avoidance learning as a function of Cloninger's temperament typology. *Personality and Individual Differences*, 34, 983-997.
- 33) **Chapman, A.L.**, & Dehle, C. (2002). Bridging theory and practice: A comparative analysis of integrative behavioral couple therapy and cognitive behavioral marital therapy. *Cognitive and Behavioral Practice*, 9, 150-163.
- 34) Farmer, R.F., & **Chapman, A.L.** (2002). Evaluation of DSM-IV personality disorder criteria as assessed by the Structured Clinical Interview for DSM-IV Personality Disorders. *Comprehensive Psychiatry*, 43, 285-300.

BOOKS (AUTHORED)

- 1) **Chapman, A.L.**, & Gratz, K.L. (2007). *The borderline personality disorder survival guide: Everything you need to know about living with BPD*. New Harbinger Publications.
- 2) Farmer, R.F., & **Chapman, A.L.** (2007). *Behavioral interventions in cognitive-behavioral therapy: Practical guidance for putting theory into action*. APA Books: Washington, D.C.
- 3) Gratz, K.L., & **Chapman, A.L.** (in preparation). *The self-harm survival guide: Understanding and overcoming self-harm*. New Harbinger Press. Anticipated publication date: March 2009.

MANUSCRIPTS UNDER REVIEW

- 1) **Chapman, A.L.**, Rosenthal, M.Z., & Leung, D. (revise and resubmit: Apr '08). Emotion suppression and borderline personality disorder: An experience-sampling study. *Journal of Personality Disorders*.

- 2) **Chapman, A.L.**, Derbidge, C., Cooney, E., Hong, P., & Linehan, M.M. (under review: Jan '08). Temperament as a prospective predictor of self-injury among patients with borderline personality disorder. *Journal of Personality Disorders*.
- 3) Harned, M., **Chapman, A.L.**, Dexter-Mazza, E., Murray, A., Comtois, K.A. & Linehan, M.M. (revise and resubmit: Jan '08). Treating comorbid axis I disorders in chronically suicidal women with borderline personality disorder: A two-year randomized trial of dialectical behavior therapy vs. community therapy by experts. *Journal of Consulting and Clinical Psychology*.

MANUSCRIPTS IN PREPARATION

- 1) **Chapman, A.L.**, & Farmer, R.F. Disentangling the link between borderline personality features and depressed mood.
- 2) **Chapman, A.L.**, & Morrison, L. Childhood abuse, hopelessness, and suicidal behaviour among Canadian youth.
- 3) **Chapman, A.L.**, & Gratz, K.L. Do correlates of deliberate self-harm differ from those associated with suicide attempts?
- 4) **Chapman, A.L.**, Brown, M.Z., Dixon-Gordon, K.L., Heard, H., & Linehan, M.M. Change in anger as a predictor of changes in parasuicidal behavior in borderline personality disorder: A longitudinal study.
- 5) **Chapman, A.L.**, Leung, D.W., Walters, K.N., Dixon-Gordon, K.L., & Rosenthal, M.Z. Unraveling the connection between affect intensity and borderline personality disorder: The role of emotion regulation and experiential avoidance.
- 6) Sayrs, J., **Chapman, A.L.**, & Linehan, M.M. From the manual to the therapy room: Using bug-in-the-eye (BITE) technology to enhance adherence to dialectical behavior therapy.
- 7) Shaw-Welch, S., **Chapman, A.L.**, Derbidge, C., Murray-Gregory, A., & Linehan, M.M. Borderline personality with and without substance use disorders: Birds of a feather or different breeds?
- 8) Ebner-Priemer, U.W., **Chapman, A.**, Kleindienst, N., Limberger, M., Lieb, K., Bohus, M. Ambulatory monitoring as a promising method to examine non-suicidal self-injury, cortisol, and dissociation among patients with borderline personality disorder.
- 9) Smoski, M.J., Kosson, D.S., **Chapman, A.L.**, Rosenthal, M.Z., & Lynch, T.R. The impact of affective state on impulsivity in borderline personality disorder. *Journal of Personality Disorders*.
- 10) Brown, M.Z., Comtois, K.A., Linehan, M.M., Murray, A., & **Chapman, A.L.** Emotions as prospective predictors of self-inflicted injury in borderline personality disorder: A multi-modal analysis.

NON-REFEREED CONTRIBUTIONS, NEWSLETTER & MAGAZINE ARTICLES

- 1) Chapman, A.L. (2008). Dialectical behavior therapy for borderline personality disorder. *Clinician's Corner Newsletter*, New Harbinger Publications. February 2008.
- 2) **Chapman, A.L.** (2007). Putting opposite action into action: Working with emotions in DBT. *Scientist-Practitioner.com*.
- 3) **Chapman, A.L.** (2005, Sept). Borderline personality disorder. *Moods Magazine*.
- 4) **Chapman, A.L.** (2005, June). Dialectical behavior therapy. *Moods Magazine*.
- 5) **Chapman, A.L.** (2003). Clinical assessment and treatment of non-suicidal self-harm. *Idaho Psychological Association Newsletter*.

- 6) **Chapman, A.L.** (2001). Rural psychology service provision: A challenging opportunity for growth in our profession. *The Clinical Psychologist*, 54, 3-8.
- 7) **Chapman, A.L.** (2001). Issues and informational resources for prospective internship applicants. *AABT Student SIG Newsletter*, 1, 3-5.
- 8) **Chapman, A.L.** (2001). The clinical psychology doctoral program at Idaho State Univ. *AABT Student SIG Newsletter*, 1, 6-7.
- 9) Lundgren, J., **Chapman, A.L.**, Boggs, K., & Winterowd, C. (2001). The student SIG. *the Behavior Therapist*, 24, 181.

RESEARCH PRESENTATIONS

- 1) **Chapman, A.L.**, Rosenthal, M.Z., Leung, D.W., Dixon-Gordon, K.L., & Walters, K.N. (2007, Nov). *Emotion suppression in borderline personality disorder: An experience sampling study*. In Gratz, K.L., & Chapman, A.L. (Chairs), *Basic research on emotional responding in borderline personality disorder: Implications for clinical practice*. Symposium: 41st annual meeting of the ABCT, Philadelphia, PA.
- 2) **Chapman, A.L.**, Farmer, R.F., & Dixon-Gordon, K.L. (2007, Nov). *Borderline personality disorder and patterns of emotion in daily life: An experience sampling study*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- 3) **Chapman, A.L.** (Discussant) (2007, Nov). *New mechanisms [of change in treatment] research*. Symposium, 12th annual meeting of the ISITDBT, Philadelphia, PA.
- 4) Walters, K.N., & **Chapman, A.L.** (2007, Nov). *The relationship between coping style and suicidal ideation among incarcerated females: Hopelessness as a mediator*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- 5) Dixon-Gordon, K.L., & **Chapman, A.L.** (2007, Nov). *Experiential avoidance as a partial mediator of the relationship between Asian ethnicity and phobic anxiety*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- 6) Smoski, M.J., Lynch, T. R., Rosenthal, M.Z., Cheavens, J.M., **Chapman, A.L.**, & Krishnan, K.R. (2007, Nov). *Decision making and risk aversion among depressive adults*. Poster session: 41st annual meeting of the ABCT, Philadelphia, PA.
- 7) **Chapman, A.L.**, Rosenthal, M.Z., Leung, D., Lihou, A., & Turner, B.J. (2007, August). *Emotion suppression in borderline personality disorder: An experience sampling study*. Poster session: 115th annual meeting of the APA, San Francisco, CA.
- 8) Turner, B.J., **Chapman, A.L.**, & Walters, K.N. (2007, June). *Functions of deliberate self-harm and suicide attempts*. Paper presentation: Annual meeting of the CPA, Ottawa, ON.
- 9) **Chapman, A.L.**, & Gratz, K.L. (2006, November). *Apples and oranges or grapes from the same vine: Do correlates of deliberate self-harm differ from those associated with suicide attempts?* In Gratz, K.L., & **Chapman, A.L.** (Chairs). *New directions in research on deliberate self-harm*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- 10) **Chapman, A.L.** (2006, November). *Mechanisms of change in opposite action and chain analysis*. In L. Dimeff (Chair), *Mechanisms of Change in DBT*. Panel discussion, 11th annual meeting of the ISITDBT, Chicago, Ill.
- 11) **Chapman, A.L.**, Dixon-Gordon, K.L., Walters, K.N., Layden, B., & Morrison, L. (2006, November). *Impulsivity, borderline personality features, and emotional state: A laboratory study*. Poster session: 11th annual meeting of the ISITDBT, Chicago, Ill.
- 12) **Chapman, A. L.**, Leung, D., Bleim, I. C., & Bell, K. L. (2006, November). *Impulsivity and emotion*

dysregulation in borderline personality disorder. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.

- 13) **Chapman, A. L.**, Leung, D., Bell, K.L., Bleim, I.C., & Watt, K.J. (2006, November). *Unraveling the connection between affect intensity and borderline personality*. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.
- 14) Koons, C., **Chapman, A.L.**, Betts, B., O'Rourke, B., & Robins, C.J. (2006). *Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults*. Symposium presentation, 11th annual meeting of the ISITDBT, Chicago, Ill.
- 15) Harned, M., **Chapman, A.L.**, Dexter-Mazza, E., Comtois, K.A., & Linehan, M.M. (2006, November). Treating comorbid Axis I disorders in BPD outpatients: A comparison of DBT versus therapy by community experts. In **Chapman, A.L.**, & Lynch, T.R. (Chairs). *Adaptations and advancements in research on borderline personality disorder*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- 16) Gratz, K.L., & **Chapman, A.L.** (2006, November). The role of emotional responding and childhood maltreatment in the development and maintenance of deliberate self-harm among male undergraduates. In Gratz, K.L., & **Chapman, A.L.** (Chairs). *New directions in research on deliberate self-harm*. Symposium: 40th annual meeting of the ABCT, Chicago, Ill.
- 17) Smoski, M.J., Lynch, T.R., Rosenthal, M.Z., Cheavens, J.M., **Chapman, A.L.**, & Krishnan, K.R. (2006). *Enhanced learning from negative feedback in depressive adults*. Poster session: 40th annual meeting of the ABCT, Chicago, Ill.
- 18) **Chapman, A.L.**, Derbidge, C., Cooney, E., Hong, P., & Linehan, M.M. (2005, November). *Novelty Seeking, Harm Avoidance and Reward Dependence as Predictors of Change in Parasuicidal Behavior in Patients with Borderline Personality Disorder*. Poster session: 39th annual meeting of the AABT, Washington, D.C.
- 19) **Chapman, A.L.** (2005, November). *Mechanisms of Change in Dialectical Behavior Therapy*. In Marsha M. Linehan, *Mechanisms of Change in DBT: Empirical and Clinical Observations*. Symposium: 39th annual meeting of the AABT, Washington, D.C.
- 20) **Chapman, A.L.** (2004, November). *Exploring the function of deliberate self-harm: Experiential avoidance and borderline personality disorder (BPD)*. In Mandra L. Rasmussen Hall, *Emotional Responding and Emotion Regulation in Self-Harm*. Symposium: 38th annual meeting of the AABT, New Orleans, LA.
- 21) **Chapman, A.L.**, Specht, M.W., Cellucci, A.J., & Fruik, B.D. (2004, November). *Borderline Personality Disorder and the Emotional Antecedents and Consequences of Deliberate Self-Harm*. Poster session: 38th annual meeting of the AABT, New Orleans, LA.
- 22) Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2004, November). *Higher order factor structure of the Young Schema Questionnaire*. Poster session: 38th annual meeting of the AABT, New Orleans, LA.
- 23) Cellucci, A.J., Krogh, J., Specht, M.W., **Chapman, A.L.**, Davis, K., & Darling, J. (2004, November). Alcohol and drug involvement in parasuicide events among women inmates. Poster session: 38th annual meeting of the AABT, New Orleans, LA.
- 24) **Chapman, A. L.** (2003, January). *Emotion regulation and borderline personality disorder: New directions for translational research*. Colloquium: Simon Fraser Univ., Burnaby, B.C.
- 25) **Chapman, A.L.**, Specht, M. W., & Cellucci, A. J. (2003, November). *Predictors of Suicidal and Self-Harm Behavior among Female Inmates*. Poster session: 37th annual meeting of the AABT, Boston, MA.

- 26) **Chapman, A.L.**, Rosenthal, M.Z., Cheavens, J.M., & Lynch, T.R. (2003, November). *Risk Taking as a Function of Personality Disorder Features in Older Adults*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- 27) Farmer, R.F., **Chapman, A.L.**, Field, C.E., & Nash, H. (2003, November). *Passive avoidance learning as a function of personality disorder features and memory*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- 28) Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2003, November). *Early maladaptive schemas mediate the association between childhood trauma and borderline personality disorder*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- 29) Cellucci, A.J., Specht, M.W., **Chapman, A.L.**, & Toussaint, L.. (2003). *Antisocial and borderline personality features among alcohol and drug dependent women*. Poster session: 37th annual meeting of the AABT, Addictions SIG, Boston, MA.
- 30) Koons, C., Betts, B., **Chapman, A.L.**, O'Rourke, B., & Robins, C.J. (2003). *Dialectical behavior therapy for vocational rehabilitation*. Poster session: 8th annual ISITDBT convention, Boston, MA.
- 31) Koons, C., Betts, B., **Chapman, A.L.**, O'Rourke, B., & Robins, C.J. (2003). *Dialectical behavior therapy for vocational rehabilitation*. Poster session: 37th annual meeting of the AABT, Boston, MA.
- 32) **Chapman, A.L.** (2003, January). *Emotion regulation, behavioral disinhibition, and borderline personality disorder: New directions for translational research*. Colloquium: Queen's Univ., Kingston, Ontario.
- 33) **Chapman, A.L.**, Specht, M., & Cellucci, A., Phillips, M., Matthews, J., & Sweet, K. (2002, November). *Borderline personality features and parasuicide: The role of experiential avoidance*. Poster session: 36th annual meeting of the AABT, Reno, NV.
- 34) **Chapman, A.L.**, Mayer, J., Specht, Farmer, R.F., & Field, C. (2002, November). *Passive avoidance learning among males as a function of Cloninger's temperament typology*. Poster session: 36th annual meeting of the AABT, Reno, NV.
- 35) Specht, M.W., **Chapman, A.L.**, Cellucci, A., Matthews, J., Phillips, M., & Condie, R. (2002, November). *Criterion validity of the Young Schema Questionnaire and Young-Rygh Avoidance Inventory with borderline, antisocial, and depressed women inmates*. Poster session: 36th annual meeting of the AABT, Reno, NV.
- 36) Farmer, R.F., & **Chapman, A.L.** (2002, August). *Diagnosis of personality disorders with the SCID--II Interview and Questionnaire*. Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- 37) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2002, August). *Psychometric analysis of the Psychopathic Personality Inventory in Female Inmates*. Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- 38) Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2002, August). *Anxiety, impulsivity, and behavioral disinhibition among female inmates*. Poster session: New Zealand Psychological Society Meetings, Christchurch, New Zealand.
- 39) **Chapman, A.L.**, Specht, M.W., & Cellucci, A.J. (2002, April). *Suicidal behavior and borderline personality features among female prisoners: A preliminary test of a new model*. Poster session: 31st annual meeting of the IPA, Sun Valley, ID.
- 40) Specht, M.W., **Chapman, A.L.**, & Cellucci, A.J. (2002). *A psychosocial profile of female inmates: Preliminary findings*. Poster session: 31st annual meeting of the IPA, Sun Valley, ID.
- 41) **Chapman, A.L.**, & Farmer, R.F. (2001, November). *Personality disorders and suicidal ideation: The role of negative emotionality and hopelessness*. Poster session: SIG Poster Exposition at the 35th

annual meeting of the AABT, Philadelphia, PA.

- 42) Stevens, S., Cellucci, A.J., Joe, V., Sellers, K., & **Chapman, A.L.** (2001, November). *The effectiveness of motivational enhancement therapy for adolescent smokers*. Poster session: 35th annual meeting of the AABT, Philadelphia, PA.
- 43) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, September). *Evaluation of a self-report questionnaire of psychopathic tendencies: The Psychopathic Personality Inventory*. In R. F. Farmer (Chair), *Passive avoidance and psychopathy in female inmates*. Symposium conducted at the 9th meeting of the National Workshop on Adult and Juvenile Female Offenders, Boise, ID.
- 44) Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2001, September). *Passive avoidance learning, psychopathy, and personality in female inmates*. In R. F. Farmer (Chair), *Passive avoidance and psychopathy in female inmates*. Symposium conducted at the 9th meeting of the National Workshop on Adult and Juvenile Female Offenders, Boise, ID.
- 45) **Chapman, A.L.**, & Dehle, C. (2001, August). *Bridging theory and practice: A comparative analysis of IBCT and CBMT*. In A. Christensen (Chair), *Marital therapy: New conceptualizations and research developments*. Paper presentation at the 109th annual meeting of the APA, San Francisco, CA.
- 46) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, August). *Psychometric evaluation of the Psychopathic Personality Inventory in female inmates*. Poster session: 109th annual meeting of the APA, San Francisco, CA.
- 47) Gremore, T.M., **Chapman, A.L.**, & Farmer, R.F. (2001, August). *Passive avoidance learning as a function of proposed temperament typologies*. Poster session: 109th annual meeting of the APA, San Francisco, CA.
- 48) Farmer, R.F., & **Chapman, A.** (2001, August). *Evaluation of DSM-IV personality disorder criteria as assessed by the Structured Clinical Interview for Personality Disorders*. Poster session: 109th annual meeting of the APA, San Francisco, CA.
- 49) Cellucci, A.J., **Chapman, A.L.**, & Vik, P.W. (2001, August). *Help-seeking and treatment receptivity among college drinkers*. Poster session: 109th annual meeting of the American Psychological Association (APA), San Francisco, CA.
- 50) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2001, May). *Temperament dimensions of reward and punishment sensitivity in female inmates*. Poster session: 30th annual meeting of the IPA, Sun Valley, ID.
- 51) Menchaca, D., Atkins, C., **Chapman, A.L.**, Gremore, T.M., (2001, May). *Effects of emotional expressiveness training on the physiological arousal of spouses*. Poster session: 30th annual meeting of the IPA, Sun Valley, ID.
- 52) **Chapman, A.L.** (2000, August). *Dialectical behavior therapy for borderline personality disorder*. Invited presentation to staff at State Hospital South, Blackfoot, ID.
- 53) **Chapman, A.L.** (2000). *Psychopathy, anxiety, and passive avoidance learning in female inmates*. Paper session: Idaho State Univ. Psychology Department's Annual Research Forum, Pocatello, ID.
- 54) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2000, November). *Passive avoidance learning and psychopathy in female inmates*. Poster session: Special Interest Group Poster Exhibition at the 34th annual meeting of AABT, New Orleans, LA.
- 55) **Chapman, A.L.**, Gremore, T.M., & Farmer, R.F. (2000). *Passive avoidance learning and psychopathy in female inmates*. Poster session: 29th annual meeting of the Idaho Psychological Association (IPA), Boise, ID.

- 56) Farmer, R.F., Field, C., Nash, H., **Chapman, A.L.**, Gremore, T.M., Mayer, J., & Perry, L. (1999). *Passive avoidance learning as a function of Cloninger's temperament typology*. Poster session: 33rd annual meeting of the Association for the Advancement of Behavior Therapy (AABT), Toronto, ON.

AWARDS & HONOURS

- Sept '07** **Young Investigator's Award**, The National Education Alliance for Borderline Personality Disorder (NEA-BPD). For outstanding contributions to research on Borderline Personality Disorder.
- May '06** **Award for Best Workshop/Invited Talk**. 35th Annual Idaho Psychological Association Convention, Sun Valley, ID.
- Apr '04** **Who's Who in Social Sciences Higher Education**. *Academic Keys for Social Sciences, Inc.*
- Apr '03** **Outstanding Student Achievement Award for a Doctoral Student**. Alumni Association, Idaho State Univ.
- May '02** **Most Outstanding Graduate Student of the Year**. *Clinical Psychology Doctoral Program*, Idaho State Univ.
- Apr '02** **Idaho Psychological Association Award for Best Poster**. 31st Annual IPA Convention, Sun Valley, ID.
- Nov '01** **AABT Student Special Interest Group Research Award**. 35th Annual AABT Convention, SIG Poster Exposition
- Nov '00** **AABT Student Special Interest Group Research Award**. 34th Annual AABT Convention, SIG Poster Exposition
- Mar '00** **Most Outstanding Research Presentation**. *Department of Psychology*, Idaho State Univ.
- May '99** **Graduate Assistant Scholarship & Tuition Waiver**. *Department of Psychology*, Idaho State Univ.

TEACHING & SUPERVISION

RESEARCH SUPERVISION

- Current:** **Senior Supervisor**. 3 MA Graduate students. Department of Psychology, Simon Fraser Univ.
- Sept '03-Jun '05:** **Research Supervision**. Graduate and undergraduate students. Department of Psychology, Univ. of Washington.

COURSES TAUGHT

- Fall '07:** **Psychology 371 (3 cred)**. *Intervention: Process and Outcome*. Simon Fraser Univ.
- Spr '07:** **Psychology 371 (3 cred)**. *Intervention: Process and Outcome*. Simon Fraser Univ.
Psychology 820 (3 cred). *Seminar in Individual Assessment*. Simon Fraser Univ.
Psychology 821 (2 cred). *Practicum in Individual Assessment*. Simon Fraser Univ.
- Fall '06:** **Psychology 770 (3 cred)**. *Proseminar in Personality*. Simon Fraser Univ.
Psychology 493 (3 cred). *Directed Studies*. Simon Fraser Univ.
- Sum '06:** **Psychology 493 (3 cred)**. *Directed Studies*. Simon Fraser Univ.
- Spr '06:** **Psychology 371 (3 cred)**. *Intervention: Process and Outcome*. Simon Fraser Univ.
Psychology 820 (3 cred). *Seminar in Individual Assessment*. Simon Fraser Univ.
Psychology 821 (2 cred). *Practicum in Individual Assessment*. Simon Fraser Univ.

Psychology 493 (3 cred). *Directed Studies.* Simon Fraser Univ.
Fall '05-Spr '07: Seminar (no cred). *Mindfulness in DBT.* Simon Fraser Univ., Dept of Psychology.
Spr '04: Social Work 598 (2 cred). *Introduction to DBT.* Univ. of Washington.
Spr/Fall '03/04: Psyc 499 (2 cred). *Research seminar.* Univ. of Washington.

CLINICAL SUPERVISION

Sept '05 - Pres: Clinical Supervisor. Graduate students. Clinical Psychology Center, Simon Fraser Univ. Approximately 215 hours of supervision provided.
Mar '04-Jun '05: Clinical Supervisor for DBT. Graduate student therapists. Univ. of Washington.
Sept '02-Jul '03: Clinical Supervision DBT/CBT. Psychiatry residents. Duke Univ. Medical Center.
Jan '00 – Jan '02: Supervision. Psychoeducational testing by graduate students. Idaho State Univ.

SERVICE

SFU - DEPARTMENTAL SERVICE ACTIVITIES

Mar '08 – Pres: Member, Graduate Studies Committee.
Apr '08: Chair, Honours Thesis Defenses: Kim Burrus, Kelly Davies
2006-2008: MA/Ph.D. Thesis Dissertation Departmental Committee Member. Patrick Poyner-Del Vento, Kevin Whitfield, Sherri Frohlick, Vanessa Weibe, Alexa Fankboner (University of Victoria)
Jun '07 – Pres: Member, Sub-Committee on the development of the Clinical Research Area
Jan 15-17 '08: Acting Director of Clinical Training
Nov '07 Guest lecture on BPD, Psyc300.
May 29-31 '07: Acting Director of Clinical Training
Mar – May '07: Chair, Ethics Oral Exam Committee
Oct '06, Mar'07 Guest lecture on BPD, Psyc300.
Oct '05, '06, '07 Guest lecture on BPD, Psyc744.
Mar '07 Guest lecture on ethics and BPD, Psyc819.
Apr '07: Chair, Honours Thesis Defense (Lyndsay Sanders)
Jan '07: Acting Director of Clinical Training, Chair's Advisory Committee Meeting
May-Aug '06: Member, Sub-Committee on Clinical Training/Supervision.

SFU - UNIVERSITY SERVICE ACTIVITIES

Fall '07: Faculty Mentor. New Undergraduate Student Orientation
Fall '07 – Pres: Fire Warden, RCB building 8000 level
Fall '06: Faculty Mentor. New Undergraduate Student Orientation
Oct '05 Volunteer, Convocation Assistance

GRANT & BOOK REVIEWING

Spr 2008: Clinical Evaluation Committee, Michael Smith Foundation, Trainee Award Program

Nov 2007: Book Reviewer: The Guilford Press
2007: Book Proposal Reviewer: Oxford University Press
Aug 2007: Book Reviewer: The Guilford Press
2006: Grant Reviewer: Canadian Inst. of Health Research, Randomized Clin. Trials Committee.
2006: Book Proposal Reviewer: Cambridge Univ. Press.
2004: Grant Reviewer: Yale University General Clinical Research Center

EDITORIAL BOARD

2007 – present *Journal of Behavior Analysis of Offender and Victim Treatment and Prevention*

PAST EDITOR

2002: *AABT Student SIG Newsletter* (2002)

INVITED REVIEWER

International Journal of Cognitive Therapy, Journal of Personality Disorders, Journal of Personality Assessment, Journal of Abnormal Psychology, Journal of Consulting and Clinical Psychology, Clinical Psychology Review, British Journal of Clinical Psychology, Journal of Clinical Psychology, Behavior Therapy, Journal of Clinical Psychiatry, Comprehensive Psychiatry, Journal of Nervous and Mental Disease, Cognition and Emotion, Personality and Individual Differences, Behavior Therapy, Journal of Health Psychology, Addictive Behaviors, Journal of Behavior Therapy and Experimental Psychiatry, Psychiatry Research, Journal of Psychosomatic Research, Social Science & Medicine, Depression and Anxiety, Journal of Cognitive Psychotherapy, Journal of Community and Applied Social Psychology, Journal of Child Psychology and Psychiatry, Personality and Social Psychology Bulletin, Canadian Medical Association Journal, Journal of Behavior Analysis of Victim Treatment and Prevention

ACADEMIC CONSULTATION & COMMITTEES

Jul '07 – Pres: **Member,** International Society for the Study of Self-Injury (ISSS) Methodology Workgroup
Sept '07- Pres: **Adherence Coder, Consultant, Supervisor,** Department of Psychology, University of Washington. Clinical trials of treatment for BPD (PI: Dr. Marsha M. Linehan).
Jun '06 – Sept '08: **Expert Panel Member,** Mental Health First Aid Standards for Self-Injury Project.

CLINICAL CONSULTATION

Mar – Oct '07: Clinical Consultation, Suicide Attempt Follow Up Education and Research Program (SAFER), Vancouver, BC.
Nov '04 – Sept '05: Clinical Consultation, Alaska Social Work Association, Anchorage, AK.

WORKSHOPS AND INVITED TALKS

- 1) **Chapman, A. L.** (2008, April). *Mindfulness in Dialectical Behaviour Therapy*. Invited workshop presentation. 5th Annual Forensic Psychiatry Conference, Vancouver, BC.
- 2) **Chapman, A. L.** (2008, Feb). *Practical strategies for challenging, therapy interfering behaviour*.

Colloquium, Clinical Psychology Centre, SFU, Burnaby, BC.

- 3) **Chapman, A. L.** (2007, Nov). *Skills training in dialectical behavior therapy*. Workshop, Eastern Health, Memorial University of Newfoundland, St. John's, NFLD.
- 4) **Chapman, A.L.** (2007, Oct). *Borderline personality disorder and emotion regulation: Laboratory and experience sampling research*. Invited talk, National Education Alliance for Borderline Personality Disorder Conference: Insights into BPD: Neurobiological Research and Clinical Interventions. Mt. Sinai Medical Center, New York, NY.
- 5) **Chapman, A. L.** (2007, Oct). *DBT and the borderline personality*. Workshop, Forensic Mental Health Conference, SFU Harbour Centre, Vancouver, BC.
- 6) **Chapman, A. L.** (2007, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Winnipeg, MA.
- 7) **Chapman, A. L.** (2007, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Toronto, ON.
- 8) **Chapman, A. L.** (2007, April). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Vancouver, BC.
- 9) **Chapman, A. L.** (2007, Mar). *Dialectical Behavior Therapy*. Two 1/2-day workshops presented, 4th Annual Forensic Psychiatry Conference, Victoria, BC.
- 10) **Chapman, A. L.** (2007, Feb). *Mindfulness and emotion regulation skills in Dialectical Behavior Therapy*. 1-day workshop, Health & Career Counseling Centre, Simon Fraser University, Burnaby, BC.
- 11) **Chapman, A. L.** (2007, Feb). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Calgary, AB.
- 12) **Chapman, A. L.** (2007, Feb). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop given to nurses and other mental health practitioners, sponsored by Executive Links, Edmonton, AB.
- 13) **Chapman, A. L.** (2006, Nov). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop, Alberta Psychological Association, Edmonton, AB.
- 14) **Chapman, A. L.** (2006, Oct). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. 1-day workshop presented at the Post-Secondary Counsellor Association, Vancouver, BC.
- 15) **Chapman, A. L., & Samra, J.** (2006, Oct). *Mindfulness and emotion regulation skills in dialectical behavior therapy*. Workshop presented to mental health practitioners within the Ministry for Children and Family Development, Vancouver, BC.
- 16) **Samra, J., & Chapman, A. L.** (2006, Sept). *An introduction to dialectical behavior therapy: Treatment for borderline personality disorder*. 2-day workshop. Workshop presented to mental health practitioners within the Ministry for Children and Family Development, Vancouver, BC.
- 17) **Chapman, A. L.** (2006, May). *Dialectical behavior therapy: Theory and practice*. Invited Grand Rounds talk: Lion's Gate Hospital. North Vancouver, B.C.
- 18) **Chapman, A. L.** (2006, May). *Coping with chaos: Dialectical behavior therapy for clients with multiple disorders*. Invited 1-day workshop: Idaho Psychological Association (IPA) Convention. Sun Valley, ID.

- 19) **Chapman, A. L.** (2006, March). *Dialectical behavior therapy*. Invited talk: Community Youth Justice Violent Offender Forum. Richmond, BC.
- 20) **Chapman, A. L., & Galietta, M.** (2005, Sept). *Dialectical Behavior Therapy Skills Training*. 2-day Workshop presented. Detroit, MI.
- 21) **Chapman, A. L.** (2005, May). *Dialectical Behavior Therapy*. 1-day Workshop presented. Park City, Utah.
- 22) **Chapman, A. L.** (2005, March). *Dialectical Behavior Therapy: Overview of the Treatment and Research*. Invited talk presented to Evergreen Treatment Services, Seattle, WA.
- 23) **Chapman, A. L.** (2005, April). *Application of Dialectical Behavior Therapy*. Invited 1-day Workshop: FACES Conference, Seattle, WA.
- 24) **Chapman, A.L.** (2004, October). *Dialectical Behavior Therapy: Targeting & Treating Emotion Dysregulation*. Invited workshop: annual meeting of the Southwest Psychiatric Symposium, Albuquerque, NM.
- 25) **Chapman, A.L.** (2004, October). *Dialectical Behavior Therapy for Borderline Personality Disorder: An Overview of the Treatment and the Research*. Invited talk presented to the annual meeting of the Southwest Psychiatric Symposium, Albuquerque, NM.
- 26) **Chapman, A. L.** (2004, October). *Borderline Personality Disorder*. Invited talk presented at Evergreen Treatment Services, Seattle, WA.
- 27) **Sayrs, J.S., & Chapman, A.L.** (2004, October). *Two-Day Workshop on Dialectical Behavior Therapy*. Anchorage, Alaska.

PROFESSIONAL AFFILIATIONS AND SERVICE

Jun '07 – Pres	Full Member , BC Women's Health Research Institute
Jan '07 – Pres	Member , International Network for Self-Injury Prevention, Intervention, Research, and Education (INSPIRE)
March '06 – Pres	CIHR Synapse Mentor (science/research oriented mentoring activities for high school students in scientific areas)
Feb '04 – Pres	Member , Program Committee, Assoc. for Behavioral and Cognitive Therapies
Mar '04- Pres	Member , DBT Strategic Planning (Research) Group
Nov '01-02	President , AABT Student Special Interest Group (Nov '01 – '02).
Nov '01 – Pres	Member , AABT Student Membership Committee
Oct '01 – Pres	Member , Canadian Psychological Association (CPA)
Jan '99 – Pres	Member , American Psychological Association (APA) Division 12 (Clinical Psychology)
Sept '98 – Pres	Member , Association for the Advancement of Behavior Therapy (AABT)

OTHER/PREVIOUS VOLUNTEER WORK

Aug '03	On-Line Mentor , AABT Student Special Interest Group
Jun '03	Administrative Team , Seattle Intensive DBT Training
Oct '97-99	Student Clinician , National Depression Screening Day (Oct '97, 98, 99), Idaho State Univ.
Oct '99	Student Clinician National Alcohol Screening Day (Oct '99), Idaho State Univ.

Sept '96-97 **Volunteer**, Riverview Psychiatric Hospital, Port Coquitlam, B.C. Canada
Sept '96-May '97 **Volunteer Research Assistant**, Dr. S. J. Rachman's Anxiety Disorders Research Lab, Univ. of British Columbia, Vancouver
Sept '95-May -96 **Volunteer**, South Granville Park Lodge (nursing home), Vancouver, Canada

MEDIA

Feb 2008 **Radio interview** regarding borderline personality disorder, and my book: The Borderline Personality Disorder Survival Guide. WPFW 89.3 FM: Pacifica Radio. Interviewer: Dr. Pamela Brewer.
Nov 2007 **Interview with the Richmond News** regarding psychological issues in the tazer incident at the Vancouver International Airport.

CLINICAL

CLINICAL PRACTICE

Apr '07 – Present **President**, *Dialectical Behaviour Therapy Centre of Vancouver, Inc.* This is a treatment centre aimed at helping individuals who struggle with borderline personality disorder and related problems.
Aug '06 – Present **Registered Psychologist**, British Columbia (#01701)